



Infinity Martial Arts

Ipswich Timetable (effective 15th August)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:30pm start Brazilian Jiu-Jitsu	12:30pm start Mixed Martial Arts		12:30pm start Brazilian Jiu-Jitsu		
					2:00 - 3:00pm Brazilian Jiu-Jitsu (open mat)
3:30 - 4:00pm Pythons: 4-8yrs	3:30 - 4:15pm Scorpions: 8-12yrs	3:30 - 4:00pm Pythons: 4-8yrs	3:30 - 4:15pm Scorpions: 8-12yrs	3:30 - 4:00pm Pythons: 4-8yrs	
4:00 - 4:45pm Scorpions: 8-12yrs	4:15 - 4:45pm Pythons: 4-8yrs	4:00 - 4:45pm Scorpions: 8-12yrs	4:15 - 4:45pm Pythons: 4-8yrs	4:00 - 4:45pm Scorpions: 8-12yrs	
4:45 - 5:30pm Tiger Sharks: 12-16yrs	4:45 - 5:30pm Junior Brazilian Jiu-Jitsu	4:45 - 5:30pm Tiger Sharks: 12-16yrs	4:45 - 5:30pm Junior Brazilian Jiu-Jitsu	4:45 - 5:30pm Junior Brazilian Jiu-Jitsu	
5:30 - 6:30pm Brazilian Jiu-Jitsu (blue belt program)	5:30 - 6:15pm Tiger Sharks: 12-16yrs	5:30 - 6:30pm Mixed Martial Arts (all levels)	5:30 - 6:30pm Mixed Martial Arts (all levels)	5:30 - 6:15pm Tiger Sharks: 12-16yrs	
6:30 - 7:30pm Mixed Martial Arts (all levels)	6:30 - 7:30pm Wrestling (all levels)	6:30 - 7:30pm Brazilian Jiu-Jitsu (blue belt programs)	6:30 - 7:30pm Judo (all levels)		
7:30 - 8:30pm Brazilian Jiu-Jitsu (black belt program)	7:30 - 8:30pm Brazilian Jiu-Jitsu (all levels)	7:30 - 8:30pm BJJ Competition Team	7:30 - 8:30pm Brazilian Jiu-Jitsu (all levels sparring)		

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